PLATTSBURGH STATE CARDINALS

Volleyball

2013 Highlights

► The Cardinals concluded their latest season with a 17-15 record - the first over-.500 mark since 1998
► The above win total was the highest since the 2002 season when the Cardinals racked up 21 victories
► In State University of New York Athletic Conference (SUNYAC) play, Plattsburgh State compiled a record of 6-3. Only one other Cardinal team has produced more conference wins than the 2013 edition
► With that record, the Cardinals made it to the SUNYAC Volleyball Championship Tournament for the first time since 2003
► Plattsburgh State advanced to the semifinals of the SUNYAC Volleyball Championship tournament for just the second time in program history
► On September 14, the Cardinals won the Best Western/Ground Round Cardinal Classic by defeating NCAA Division II institution St. Michael's 3-1
► OH/RS Rosi Cummings was named the SUNYAC Player of the Year at the conclusion of the season
► Senior libero Amanda Wickers and sophomore middle hitter Laura Diehl earned spots on the All-SUNYAC Third Team
► In her final year as a collegian, Cummings was also named to the American Volleyball Coaches Association (AVCA) All-New York Region Team before earning Honorable Mention All-American honors by the same Institution. She was also an ECAC Div. III Metro/Upstate Second-Team All-Star in 2013
► Cummings led the SUNYAC and ranked 71st among all NCAA Division III volleyball players in kills per set (3.5)

► Completed his first season as Plattsburgh State’s head volleyball coach in 2014
► Prior to Plattsburgh State, spent three seasons as the men’s and women’s volleyball coach at SUNYIT
► Two-time NEAC Coach of the Year - once for men’s and once for women’s volleyball
► Has preppe four AVCA Honorable Mention All-Americans as well as two NEAC Players of the Year
► 2014 was his first season as the assistant coach for the Cardinals
► Served as an assistant volleyball coach at NCAA Division II Nova Southeastern from 2009-13
► Helped Nova reach the 2009 NCAA Div. II Volleyball Tournament
► Worked primarily with middle blockers at Nova and appeared in various coaching roles for two other club teams in Florida

► Plattsburgh State plays all of its home matches within the confines of Memorial Hall. The facility offers seating for up to 1,000 fans and live in-game stats are offered on GoCardinalSports.com for those unable to travel to home matches.

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Memorial Hall

For her career, Rosi Cummings (left) amassed 1,183 kills. In 2013 alone, the Plattsburgh, N.Y., product put down 437 of them - the third-highest single-season total in program history.